



RESTRICTIONS ON DRIVING

Considerations

There are a number of medical conditions where a person may have their ability to drive restricted. This is a public safety issue. The stand down period for patients with a medical complaint are outlined by the New Zealand Transport Authority.

The individual neurologists do **not** have the discretion to alter the rules outlined by the NZTA. Any decision to shorten a patient's driving restriction sits with the NZTA.

General information regarding medical conditions and driving can be found at:

<https://www.nzta.govt.nz/driver-licences/getting-a-licence/medical-requirements/>

The information related to seizures and driving can be found at:

<https://www.nzta.govt.nz/driver-licences/getting-a-licence/medical-requirements/epilepsyseizures-and-driving/>

The associated NZTA fact sheet can be found at:

<https://www.nzta.govt.nz/assets/resources/factsheets/17/docs/17-epilepsy.pdf>