



Instructions for managing your Penile Prosthesis early after surgery

At 3-4 Weeks:

- Inflate the device and immediately deflate the device once a day for a week

At 4th Week:

- Inflate the device twice a day and leave inflated for 5 minutes then deflate the device

At 5th Week:

- Inflate the device twice a day and leave inflated for 20 minutes and then deflate the device

At 6th Week:

- If comfortable you can start intercourse at 6 weeks post-op.

Thereafter, continue cycling as below for 6 months:

- o Inflate device to maximum rigidity (mild stretching or mild discomfort)
- o Leave device inflated for 10 to 15 minutes
- o Perform each day for 6 months