



PDE5 INHIBITOR MEDICATIONS

These include sildenafil (VIAGRA), tadalafil (CIALIS), vardenafil (LEVITRA)

Take 1 tablet 30 minutes before engaging in sexual activity.

Sildenafil (VIAGRA) must be taken on an empty stomach or at least two hours after food.

Normal arousal and stimulation are required to promote the onset of erection and to enhance the effect of the medication.

Dosage may be reduced if there appears to be a good effect from the initial dose, breaking or cutting the tablet in two and wrapping the remaining piece in foil to protect from light.

Allow at least 24 hours before repeat dosing.

Tadalafil 20mg (CIALIS) may be effective up to 36 hours after dosing and dose interval may be increased.

Tadalafil is also available as a 5mg daily dose treatment.

Headache, nausea and disturbance of colour vision are reasonably common side effects of these medications, but are self-limiting and generally mild.

You should discontinue this medication and seek immediate medical attention if you experience a sudden decrease or loss of vision in one or both eyes, or sudden onset hearing loss.

There appears to be a small risk of permanent loss of vision associated with the use of PDE5 inhibitors.

These drugs are absolutely contraindicated in patients taking nitrolingual (angina) sprays and other nitrate medications, commonly used for cardiovascular disease.

Please advise medical staff that you are taking PDE5 inhibitor medications, if you have to seek other medical treatment.